

**ABSTRACT**

5 A selective targeting method is disclosed comprising contacting a library of  
ligands, particularly a peptide library, with an anti-target to allow the ligands to bind  
to the anti-target; separating the non-binding ligands from the anti-target bound  
ligands, contacting the non-binding anti-target ligands with a target allowing the  
unbound ligands to bind with the target to form a target-bound ligand complex;  
separating the target-bound ligand complex from ligands which do not bind to the  
target, and identifying the target-bound ligands on the target-bound ligand complex  
10 wherein the target-bound ligands have a  $K_D$  in the range of about  $10^{-7}$  to  $10^{-10}$  M.  
Additionally claimed are the ligands identified according to the method.